



*All songs (music and lyrics)
written by Laurence Baer except
Tecumseh's Poem, which was
written by Chief Tecumseh of the
Shawnee (1768-1813), and put to
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CD1

1. Seed of a Seed

There's a river moving through your life
An endless river moving through your life
In your dreams it will lead
If your heart pays heed
You're a seed of a seed of a seed
Of the endless river moving through your life

There's a wind rushing through your life
A steady wind rushing through your life
In your dreams it will lead
If your heart pays heed
You're a seed of a seed of a seed
Of the steady wind rushing through your life

And the river's waves surround you
And the wind blows strong around you
And they'll clear the walls that bound you
If you'll listen to your dreams

There's a promise growing through your life
An ancient promise growing through your life
In your dreams it will lead
If your heart pays heed
You're a seed of a seed of a seed
Of the ancient promise growing through your life

And the river's waves surround you
And the wind blows strong around you
And the promise will astound you
As you listen to your dreams

There's a fire burning through your life
A fire of peace burning through your life
In your dreams it will lead
And in each loving deed
You're a seed of a seed of a seed
Of the brilliant fire burning through your life
You're a seed of a seed of a seed
Of the brilliant fire burning through your life

2. Stardust

There's a trillion trillion stars throughout the cosmos
And seven billion people on the earth
And just about each second another person dies
And just about as often a super nova bursts
Most folks tend to pass away in silence
Or maybe with a prayer for those they love
But a super nova's light outshines a hundred billion stars
In a blazing fireball high above

A super nova starts out as a mighty star
At least eight times more massive than the sun
As its hydrogen is crushed beneath its gravity
A brilliant fusion furnace is begun
After eons when its hydrogen is finished
And it's a hundred million degrees inside its core
The nuclei of helium fuse and turn to carbon
And the dying star gets hotter and still brighter than before

In six centuries the carbon turns to oxygen
And then to silicon in less than half a year
Which fuses into iron in just about a day
And that's when the nova's gamma rays appear
Like the final gasp of a once great star the gamma rays escape
Just before the blast begins to show
As a soul ascends to heaven so these rays fly into space
Heralding the nova's brilliant glow

Each second someone dies and leaves his legacy
His children, and the lives that he has touched
And a super nova offers up its elements
To seed the universe with cosmic dust
The carbon in your tissues, and the iron in your blood
And the calcium that forms your very bone
Were all forged in the fires of a million super novas
From stardust we came and to stardust we'll go

3. Honesty

Honesty
Lose the act and speak to me
We will never find each other if we dance
Honesty
Show your heart and trust in me
Go beyond your walls and give our love a chance
Bear in mind
Real love is hard to find
But easy to betray
Carefully
Don't slip back into complacency
I can feel you reach across to extend to me
Honesty

Honesty
Drop your guard and it can set you free
Give the dreams you've locked inside some room to grow
Honesty
Show the ones you love sincerity
We can only touch the part of you we know
Bear in mind
Real love is hard to find
But easy to betray
Senselessly
Held in check by insecurity
You withhold the very thing we long to see
Honesty

Think of all the people filled with wonder
 Waiting there to be discovered
Think of all the friends
 You'll find along the way
Think of the potential locked inside you
 Longing just to be uncovered
Think it might be time
 To throw your fears away

Honesty
Don't you want to come with me?
We can realize our dreams if we break through
Honesty
Grab my hand and hold tight to me
There's a hidden universe inside of you
Bear in mind
Real love is hard to find
But worth it when you do
Wait and see
We can see this through successfully
Safe within our hands we hold the key
Honesty

4. Here's the Keys

When my granddad was a kid
He bought an old MGT
It was a junker that got totaled
When some drunkard fell asleep
He towed it home with two of his friends
Tore it all apart
And labored on it with all his heart

Until he fell in love and had a son
And got trapped in his career
He forgot about that old MG
For more than 20 years
But while Dad fought in Vietnam
Grampa worked real hard
And when my Dad returned he found a shiny car

Chorus

It's my heart and soul, my pride and my delight
I've been working on it every day
And I dream about it every night
And I've invested all I have,
But you know it's not for me
I built it for you, son, here's the keys

Dad and Mom were married
In early 74
And with the help of Uncle Sam they bought
A three bedroom eyesore
Why he worked so hard to fix it up
I could never understand
But on my wedding day he shook my hand

Chorus

You know they may not have much money
When my folks turn old and grey
But the things they'll cherish most will be
The things they give away

I sat in church last Sunday
And I guess I fell asleep
I saw my Granddad with a great big smile
Starting up that old MG
But then I saw a brilliant garden
I saw a lion and a lamb
And a voice choked with emotion, whispered children,
here I am,

It's my heart and soul, my pride and my delight
I've been working on it every day
And I dream about it every night
And I've invested all I have,
but you know it's not for me
I built it for you
It's all there for you
So what you going to do? Here's the keys

5. Nehemiah

The wall of Jerusalem is broken down,
And its gates in flames are riven
When I heard these words I mourned for days,
And prayed before the God of heaven
Even I and my father's house we have sinned
And have acted corruptly towards heaven
Come let's rebuild the city of our fathers' graves
And no longer suffer derision.

Chorus

Nehemiah build your wall!
Nehemiah build your wall!
There must still be time
If we can all work together
Crying Glory unto the Lord
He is forever faithful to His word
He may yet raise us when we fall
Nehemiah build your wall!

What do these feeble people do?
Will they restore it on their own?
Will they revive the walls out of heaps of rubbish,
Out of burnt and broken stones?
Don't be afraid for the Lord is great,
And you must fight for your daughters and sons.
With one hand build and in the other wield a weapon
To defend your wives and homes

Chorus

So the wall was completed in fifty two days
And our enemies filled with awe
They fell greatly in their own esteem
For they perceived we had been helped by God
And all the people gathered into the square,
Attentive to the Word of the Law
As Jerusalem rejoiced in song and thanksgiving
There arose a great applause

Chorus

6. Strike By the Moon

The pounding of an earthquake,
The booming of thunder
A stampede of buffalo ripped the plains asunder
Full Ten miles across and ten million strong
They gave their flesh to the Comanche
Their spirit to our song
Unrivaled on horseback fearsome in war
Comanche were proud - fighters to the core
From distant encampments, unheard and unseen
We would strike by the moon and ride like the wind

Stretching North to Wyoming
From the Central Texas Plain
Oklahoma to Nebraska and south to New Spain
Blinding blizzards in winter desert dry in the sun
Comancheria where the buffalo run
We knew every trail and river, every rocky face
Loved to gamble on our horses, never lost a race
With a lance, bow and shield made from buffalo skin
We would strike by the moon and ride like the wind

If you camp along the Arkansas,
On a soft summer night
You might see riders silhouetted
In the Comanche moonlight
And if you listen with your spirit
As your campfire is dimmed
You might hear laughter of Comanche children
Carried on the wind

It was not the Texas Ranger or Cavalry patrol
But cholera and smallpox that took such a deadly toll
Yamparika, Penateka, Kotsoteka, and Quahadis
Our medicine failed against the Taibo disease
Quanah Parker surrendered in seventy five
The white man aimed his long gun all the buffalo died
Only a memory where an empire had been
We would strike by the moon and ride like the wind
There will never be a nation like Comanche again
We would strike by the moon and ride
Ride like the wind

7. White Pass Railroad

Skookum Jim found gold in Bonanza Creek
In 1896
Within a year the Seattle Post screamed
Gold Gold Gold Get Rich!
A hundred thousand miners headed north to Alaska
To brave the ice and cold
But more got paid by the White Pass Line than
Those who ever found gold

In 97 the only way inland
Was to climb up Chilkoot Pass
Each miner had to carry up a ton of supplies
Before the Mounties would let 'em past.
Sir Thomas Tancrede and old Michael Heney
Shook hands in a Skagway Bar
To build them a railroad and send off the miners
In the seat of a railway car.

Chorus

It took 30,000 workers and a million pounds of powder
Just to lay 100 mile of track
35 men and 3,000 horses
Went to work and never came back
Rising more than half a mile
Through the mountains and glaciers
Bringing back those sacks of gold
That shiny steam engine and the narrow gauge cars
Of the White Pass Railroad

The workers swung from ropes
On cold granite mountains
As they built them a wooden bridge
And blasted off sections of solid rock walls
Carving tunnels through the ridge
The thunder and the roar would
Echo through the valleys
As the sides of those mountains fell
Heney cried out "Give me dynamite enough
I'll build a track from here to Hell"

Chorus

Now the gold's all gone there's no more miners
But the rail still runs there
You can ride between the cars watch eagles fly
As you roll past moose and bear
A majestic sight but just hold on tight
When that bridge creaks 'neath your weight
Your heart in awe at what the miners saw
In the days of 98!

Chorus

8. 80,000 Miles

I grew up in Niagara
Downriver from the falls
In the winter we'd build igloos in the snow
But when spring came
We'd go climbing
Down the sides of that great canyon
And watch in awe to see those mighty rapids flow

We'd slide down a rusty cable
And survive the poison ivy
As we hurried to the boulders far below
Along the paths of Iroquois
We'd search for ancient arrowheads
And listen to those mighty rapids flow

Chorus

Eighty thousand miles of water rushing to the ocean
From Erie and Superior from Michigan and Huron
Through a channel that was small enough
To almost throw a rock across
Sitting barefoot in the sun
While the power of that river thundered on

Each summer we would disappear
From the modern world around us
To an untamed realm where parents didn't go
We'd scramble home for dinner
After spending endless hours
Watching those mighty rapids flow

Chorus

Not long ago I took my eldest son and flew back home
Time had changed the town I used to know
But when we found that rusty cable
I was ten years old again
Climbing down to where those mighty rapids flow

Chorus

Eighty thousand miles of water rushing to the ocean

9. Apple Pie

There were some woods back behind our yard
Where we'd go fishing, in the creek
And a clubhouse where my friends and I
Wired up an old TV
But I often return to one precious memory
When I helped my Dad plant an apple tree

He came home one afternoon from work
With that sapling in a pot
And he called to me to come outside
To see what he had bought
And I think we got as close that day
As we could ever be
When I helped my Dad plant that apple tree

He said this tree will take some caring
It's barely just a seed
You have to make sure it don't get too dry
And pull away the weeds
It won't do to be impatient
Eight years no matter what you try
But in time you'll have a tree to climb
And you'll be eating apple pie

You know a boy in school's got more to do
Than working in the yard
But my Dad found joy at working on
Those chores that I found hard
I had nearly finished high school
When he softly said to me
You know there's apples growing in that apple tree

He said it's gonna take some caring
It's barely just a seed
Quietly he raised that tree
Providing for its needs
He said you mustn't be impatient
Eight years no matter what you try
But in time your kids will have a tree to climb
And you'll be eating apple pie

I guess we learn by example
When we let lessons to take root
Through the generations
Life's wisdom bears fruit

Last Thanksgiving greeting Mom and Dad
I thought of where I'd travelled from
A child without a clue into the man that I'd become
And when the kids ran out to climb that tree,
There was moisture in Dad's eyes
Then he turned and gently smiled at me
And it was all I could do not to cry
And after Turkey, yams, and stuffing,
We shared some homemade apple pie.
Yes life don't get much sweeter, ...
Than delicious apple pie.

10. Just to Be With You

Some folks ride ambition
On that fast track to the top
Moving closer every year towards a corner office
Working 'til they drop
Money's OK
But I'd trade it any day
Just to be with you
Just to be with you

Some folks like to party
Always searching for a thrill
Pushing pedal to the metal - an adrenaline rush
Never getting their fill
That's way too extreme
When my real dream is
Just to be with you
Just to be with you

Chorus

Just to be with you
Is standing on a mountain
It's riding wild horses
And watching moonlight on the sea
Just to be with you
Girl it's all I've ever wanted
And there's nothing I wouldn't do
Just to be with you

Some folks can only imagine
What love is all about
Curled up in their chair and lost in a book
Afraid to venture out
But that's not me
Cause all I'll ever need is
Just to be with you
Just to be with you

Chorus

Well girl you're my ambition
And you know that you're my thrill
You're the only dream I'm chasing
And the only one I ever will

Chorus

11. Find Your Way

Great Uncle Howard was a pilot in Korea
Proud to serve on the front line
With a Smith & Wesson pistol and a flask for courage
He flew 57 missions in a B-29

I went to see this living legend of our family
To get to know the heart behind the man
After lunch when I asked
 What he'd learned through his life
He shared some wisdom
 That helped to make me who I am .. He said

Chorus

Walk with your head held high
Look people straight in the eye
Say what you mean and do the things you say
Right to your bones remember you're God's child
See His hand in everything and smile
Get down on your knees at the break of every day,
Oh you'll be tested in life
 But I know you'll find your way.

As he sat on his porch, at peace with himself
His clear blue eyes studying me
He never spoke about his time in the Air Force
Nothing like the hero I expected to see

He said "boy let me tell you 'bout conquering fear
My greatest battles were not with a gun
I swore I'd overcome 20 years of alcohol addiction
So I could be a real father to my own son."
 ... and it was living hell ... He said

Chorus

Courage comes from standing up,
 And doing what's right
You can cut and run or stick to your guns
When it's your time to fight

Chorus

You'll be tested in life but I know you'll find your way

12. Mariachi Waltz (Instrumental)

13. I Guess its Love

I'm serious as death
You still take away my breath
Anytime you turn your smile at me
And when I close my eyes in prayer
I can see you standing there
Believing in the man I want to be
It's not the kick I'm getting from my nine to five
That makes me thankful every day,
Just to be alive

Chorus

I guess its love
Joy beyond our struggles
I guess its love
Your walls begin to crumble
You can feel that wind behind you
To give a helpful shove
I guess its love

When there's something on my heart
We're never far apart
You find a way to reach across to me
And when I'm facing sweet success
It's just illusory unless
You're there to share that happiness with me
Take away my comforts - all my money too,
And I'll still be a rich man
With our children and you

Chorus

Binding us together
Closer every year
Making sense of this confusion
The triumph and the tears

Chorus

14. It's a Beautiful Thing

It's a beautiful thing.
The way you love me
Like two stars colliding
Slowly igniting
Exploding in light
In the night
And the universe sings
It's a beautiful thing

It's a beautiful thing.
The way you need me
Like rain on your sand
Bringing life to the land
A flower in the mist
To be kissed
You're my garden in spring
It's a beautiful thing

Chorus

I am the mountain
You are the valley
I am the sky
You're the earth
I am the river
You are the ocean
Take me in your waters
Give me birth

It's a beautiful thing.
How you complete me
Like the sun's crimson rays
Crowning each of my days
One embrace as we lie
You and I
We form a glimmering ring
It's a beautiful thing

Chorus

It's a beautiful thing.
The way you love me
Like two stars colliding
Slowly igniting
Exploding in light
In the night
And the universe sings
It's a beautiful thing
And the universe sings
It's a beautiful thing

15. Life at the End of the Tunnel

He said "Kiss me Julie but stay in bed
No need to get up so early
I've got one more shift and then I'm off a week.
I'll be back by 5, don't worry"
She said "Charlie I love you, just wear your mask
You've got to stay strong when you're older
So you can take our boys hunting in those hills
And show them there's more than just coal there.

It was half past ten when she got the call
"Julie there's been a cave in,
I'm sending out a truck to bring you here
I swear to God we'll save him"
No word was spoken as the drill spit rock
Towards a space a mile below
Life and death in a race against the clock
With a day of air at most

Chorus

Can that drill go any faster, We've just got to make it
through
How much longer can they last there Isn't there more
that we can do?
Is there Life at the end of the tunnel?

After two AM the drill shaft broke
The foreman told his team to replace it
He saw Julie shiver and gave her his coat
"Coffee's not half bad, did you taste it?"
She just shook her head staring at the hole
As the crew fixed their machine
She was trying to breathe for two sets of lungs
With a mile of rock between

Chorus

There's a place up in the mountains
Where Charlie liked to fish
And listen to the crickets by the lake
And Julie'd get excited
When she'd see a shooting star
And wind through the trees caressed their faces

It was 9:15 when the drill broke through
9:30 when air started pumping
By a quarter to ten they had a phone line in
Asked for quiet, trying to hear something
The wind picked up and the lake began to fade
Charlie heard another miner mumble
"Get up man this ain't our time"
There's life at the end of the tunnel



CD2

1. Blues God Has to Hide

Me and my woman can't see eye to eye
I'm never enough no matter how hard I try
But it's nothin like the blues God has to hide
She left me a note, said I'm not your maid
And I won't be back until the light bill's paid
But its nothin like the blues God has to hide
The dealer deals and at times it feels
 I can't even draw a pair
And it gets so old I could nearly fold
 Under all I have to bear
But I've got one last ace that's never failed me yet
No matter how bad it seems it's an easy bet
It ain't nothing like the blues God has to hide.

I've got a friend name Frank who calls me late at night
When he drinks too much or when he's just uptight
I say it's nothing like the blues God has to hide
He likes to rant and rave about all his pain
He says it's not so bad if he can just complain
Still its nothing like the blues God has to hide
You know I dread the call but since we're
 Friends and all it's a chore I can't avoid
But if I ever knew all the Lord's been through
 I would surely be destroyed
So when I think my life can't get no worse
I take a tiny peek at the universe
My blues are nothing like the blues God has to hide.

They say no one ever hurts you like the ones you love
They say we're all sons and daughters
 Of the Father above
I say there's nothing like the blues God has to hide
He chases back the darkness with the sun each morn
He dreams of happiness and joy
 For every child whose born
For sure there's nothing like the blues God has to hide
You know I'd give my shirt to save my kids from hurt
 I just hate to hear them cry
Who knows the pain He feels when there's
 Not enough meals and millions have to die
So we each think we're lifting our fair share
'Cause He never gives us more than we can bear
Revealing nothing of the blues God has to hide.
Revealing nothing of the blues God has to hide.

2. I'm Chasing After A Dream

It's way too late for looking back
I've passed on every chance for in between
My heart won't move from its appointed track
I'm chasing after a dream

And like the day when we first met
I knew it was an angel I had seen
Just one kiss and my course was set
I'm chasing after a dream

Chorus

And though I never saw it coming
 Still my dream found me
Over time my way became clear
Like the trail up that mountain
I'm gonna climb or die trying
My dream is the reason I'm here

If I can't do this, then who will?
No one else has travelled to where I have been
This is a challenge that I must fulfill
I'm chasing after a dream

Chorus

Through the fog its what I see
Shining like a lighthouse with a brilliant beam
I know for certain that my dream needs me
I'm chasing after a dream
I know for certain that my dream needs me
I'm chasing after a dream

3. Lovers Song

Two young strangers agree to meet
They find each other, approach and greet
A bit unsure, begin to speak
And then relax
She has a sparkle in her eyes
He has a smile both free and wise
They share composure and surprise
As they attract

Chorus

And so it goes
As it has gone
Since the light
Of the first dawn
Two hearts arrive
Where they belong
And sing together
The lovers song

She had a dream he had a quest
Something within they both suppressed
And now at last they each find rest
In the other's heart
What was askew has been put right
What once was toil is now delight
Their sails are full their futures bright
As one they start

Chorus

Without a doubt
They'll have fights along the way
Too many lose their track and go astray
They'll find out
In a twisted world nothing is sealed
But in love all roads are straightened
And with love all wounds are healed

Love's simple wisdom, they will learn
And when their children begin to yearn
They'll ache beside each one in turn
Til' they find love

Chorus

Two hearts arrive
Where they belong
And sing together
The lovers song

4. Rise Again

The driest year our town had ever seen
Dust clouds closed the schools in Aberdeen
Lost our farm in '88
And as Dad stopped our truck to close the gate
He said son, we've been hit hard but we'll rise again

Daddy swallowed his pride

And we moved in with some kin
If not for them Lord knows where we'd have been
But when Dad took sick it fell on me
Burned the midnight oil for my degree
And when I'd lose hope I'd hear his words again.

Chorus

Rise again, Rise again
We may be down for now, but
We will rise again
Take away our last dollar
Cut us lower than we've ever been
We may be down for now,
But when the sun comes up
We'll rise again

Sometimes the way is clear sometimes you improvise
We still go back each year to plant flowers

Where Daddy lies
You learn what kind of man you'll be
When you're face to face with adversity
You can hang it up, or you can rise again

Chorus

Just like Job, hard times may come to call
Stand your ground and don't lose hope
Though your back's against the wall

Chorus

We may be down for now
But when the sun comes up
We'll rise ... We will rise
We'll rise again

5. Live in Love

Share your vows share your rings,
Stepping forth spread your wings
Feeling free feel the joy, as you soar
Raise your hopes raise your eyes,
Own your dreams own the skies
Love of two bound as one, evermore
So much adventure, so much to learn,
So many friends still to find
Start each day with grateful heart,
Never stray too far apart
Live in grace live in awe, live in love

Show your standard shine your light,
Know the wrong seek the right
Life is sacred life is fleeting, use it well
Never back off from a challenge,
Hold your ground use your talent
Don't count losses in the moment, time will tell
So much to contribute, so much to build,
So many lives still to touch
Be the strength for one another,
Be the peace be the lover
Live in grace live in awe, live in love

Ooh life is fine
Each living creature reflects the divine
Ooh life is sweet
Each moment a gift that will never repeat

Welcome wisdom welcome age,
Welcome every turning page
Don't grow older, just grow deeper in your hearts
Raise your children through example,
Hug them tighter when they stumble
But then release them when their time comes to part
Store up your treasure in those whom you care for,
Don't cling to things left behind
Love like that can never falter,
Love like that will live forever
Live in grace live in awe, live in love ...
Love like that can never falter,
Love like that will live forever
Live in grace live in awe, live in love

6. There's No Limit

There's no limit to how much you can know
You reflect the source from which understandings flow
Learn from those before and continue to explore
There's no limit to how much you can know

There's no limit to how much you can feel
Through the palette of emotion reality's revealed
Touch the heart of greatest grief
And find joy beyond belief
There's no limit to how much you can feel

Chorus

Children of the spirit born in a body of the stars
Life is an adventure to discover who you truly are

There's no limit to how much you can achieve
You can accomplish whatever you believe
Persevere with all your soul until you reach your goal
There's no limit to how much you can achieve

Chorus

There's no limit to how much you can love
It's what you're made to be a channel of
The more you love the more you feel
The more you comprehend
Love fills your heart with courage
And then it fills your heart again
It's the base which makes it possible
For all of the above
There's no limit to how much you can love - No no no
There's no limit to how much you can love

7. When the Fiddles Start To Play

Mama don't make no plans tonight
Got a few Jacksons gonna spend em right
Ain't been out on the town since it snowed in May
Put your lipstick on but don't take too long
Got to get out on the floor before they sing that song
When the house is jumping
 And the fiddles start to play

The fence needs mendin' but it can wait
Wanna take my one and only on a long lost date
I'll just fetch her in the morning
 If our cow decides to stray
Let's have some fun tonight you know it ain't no crime
Soon, we'll be dancin' and stompin in time
When the house is jumping
 And the fiddles start to play

Chorus

When the fiddles start to play and the crowd goes wild
You got to clap along and you can't help smile
And it brings back the warmth and the joys of
yesterday
We can dance all night as if time stood still
There'll be so much fun we can get our fill
When the house is jumpin and the fiddles start to play

Chorus

We were bound together the day we met
Love gets better the older we get
Let that sawdust fly
 We're gonna kick and swing and sway
Honey climb into my truck and slam that door
Tonight we're gonna be kids once more
When the house is jumping
 And the fiddles start to play

Chorus

When the house is jumping
 And the fiddles start to play

8. No Other Woman

No other woman
Could be my companion
With gentle compassion
The way that you do
I know I've discovered
The meaning of heaven
In the sweet tender loving
I share with you

No other woman
Can nourish and heal me
Encourage and free me
The way that you do
When I'm feeling weary
Your harbor protects me
Your embrace resurrects me
How I love you!

When you're here beside me
And life swells within me
The world becomes holy
Wherever we stand
I can face any challenge
Rising before us
As our future unravels
In a glimmering strand

No other woman
In all of creation
Can touch my emotion
The way that you do
I gratefully offer
Without reservation
My fullest devotion
And love for you

9. Flight

Up high over Silverton
Camped among the stones
And when the sun sets in the San Juans
Their snow caps shine like chrome

Way up high above the treeline
Where the lakes are crystal clear
All the static and confusion
Just drift away up here

Gazing out in wonder
From peak to towering peak
And in the presence of such beauty
One doesn't speak

Near the Summit of Mount Wilson
With no way to prepare
As an eight foot golden eagle
Rises up, takes to the air

And soaring like that eagle
From peak to towering peak
I find the feeling of the freedom
I came to seek

Chorus

Hi Ya Oh Oh Hi Ya Oh Oh
Oo Oo Oo Oo Oo Oo Oo
Hi Ya Oh Oh Hi Ya Oh Oh
Oo Oo Oo Oo Oo Oo Oo

There are times when life's a burden
Dark times I can not see
But then I think back to Mount Wilson
Take flight and I am free

*Soaring out among the peaks I'm free
Flying up above the clouds I see
Soaring out among the peaks I'm free
Flying up above the clouds I see*

Chorus

10. Slicing the Crests

Long commute
Tedious route
To another empty day
Dark frozen week
Forecast looks bleak
How can people live this way

Babe is it just me
Craving vitamen D
Or would you like to feel
Ocean spray?
Rediscover gratitude
In a tropical latitude
Where dolphins play

Chorus

Slicing the crests
Breezes caress
Holding you by my side
Turquoise Seas
Do as we please
Relax and enjoy the ride

Papaya and mango
Merengue and tango
Watching palm trees sway
Lose the stress
Decompress
Let our cares slip away
Slip away

Chorus

As nighttime comes
The ripple of steel drums
Drifting across starlight
The warmth of your eyes
An evening in paradise
What could be
More right?
What could be
More right?
What could be
More right?
What could be
More right?

11. Lavender

Life can be hectic with five kids in school
The schedule's intense and the hours are cruel
Every so often she runs out of fuel
And disappears into her garden

Chorus

She likes lavender blossoms
Picked fresh from the plants
The fragrance reminds her of summers in France
She'd fly there in a minute given half the chance
But it's almost time for soccer

She watched long ago from her seat in the stands
Shining out like a model among thousands of fans
While the drivers roared by all day long at Lemans
Where she knew the official announcer

Chorus

Years of loving her family day after day
The glamour of youth slowly fading away
Refusing to see she's more lovely today
Than that questioning girl in those photos

She likes lavender blossoms
Picked fresh from the plants
The fragrance reminds her of summers in France
She'd fly there in a minute given half the chance
But now she's late for soccer

She likes lavender blossoms
Picked fresh from the plants
The scent takes her back to the south part of France
She'd fly there in a minute given half the chance
Hey Mom! We're late for soccer!

12. Beyond All Time

This moment is eternal, you're together with me now
And I would like to share my thoughts with you
If you'll allow
And use this opportunity to reaffirm my vows
That I will always love you beyond all time

I can't promise sunshine each and every day
And I can't guarantee our plans won't end in disarray
And I don't have a magic wand to keep the pain away
But I will always love you beyond all time

Some things in life are simply outside of our control
Sometimes we take our best shot
And it's still wide of the goal
And though we lose the battle
We must never lose our souls
For I will always love you beyond all time

We can't help growing older, no matter what we do
And we can't extend our earthly days,
When our lives are through
But we're the masters of our love,
And mine belongs to you
And I will always love you beyond all time
Yes I will always love you beyond all time

13. Lemon and Ginger

Lemon and Ginger
Refined with such finesse
Fine wine and dinner
The joy your smile confessed
To reminisce
The dance the kiss
When first we fell in love

Your touch so tender
You had me wrapped up tightly
Around your finger
Your eyes sparkling brightly
What a thrill!
How time stood still!
When first we fell in love

Each and every star across the milky way
They all aligned that day

My memories linger
And consecrate the hour
When first we fell in love

Lemon and Ginger
Demure and debonair
Two lucky winners
We made the perfect pair
The spice, the zest
Explored, caressed
When first we fell in love

Your poise your splendor
Affording just one choice
My heart surrendered
Minding my inner voice
"You've found the one!
The time has come!"
When first we fell in love

A breath long held in hope beyond all time and space
Relaxed when we embraced

So clearly blessed and,
So unanticipated
When first we fell in love

14. Snow Goose

He was born in the northern wild
One cold June morn on Bylot Isle
Where the mountains look out over Baffin Bay
Towards the end of that July
He learned to stretch his wings and fly
With his parents he would practice every day
But the days grew ever shorter
Til by the middle of September
There was an urgency growing in the flock
Suddenly one morning
A mighty V was forming
Like a bell had sounded from an unseen clock

At 60 miles an hour
At more than 7000 feet
Down the length of Baffin Isle to Hudson Strait
In the excitement and the freedom
He felt a power beyond reason
As they flew 800 miles in a day.
Just East of Baskatong
And just west of Mount Tremblant
They crossed the St. Lawrence Seaway
And then above the Adirondacks
Ever south to the Atlantic
Along the shore down to the Delaware Bay.

All winter long they rested in those mild waters
And feasted in the marshes every day
But by April the heat became oppressive
And just like that they flew home the way they came

It was in his second winter
When all at once he met her
She approached him and they bonded on that day
They flew back up north together
Built their nest beside a river
He was there as she delivered every egg
Three long weeks he stayed and fasted
To protect those eggs from foxes
And then finally their chicks broke free
And like his parents did before him
Kept those precious ones beside him
As they grew into majestic snow geese

As they near the end of their eleventh season
He can sense that they have lived out most their days
They'll fly home once more – 2500 miles
And in that pristine northern wilderness they'll stay

He was born in the northern wild
One cold June morn on Bylot Isle
Where the mountains look out over Baffin Bay
In the twilight of his life
He'll be together with his wife
As they gaze out on the beauty of those waves
Where the mountains look out over Baffin Bay

15. Tecumseh's Poem

So live your life that the fear of death
Can never enter your heart.

Trouble no one about their religion;
Respect others in their view,
And demand that they respect yours.
Love your life, perfect your life,
Beautify all things in your life.
Seek to make your life long
And its purpose in the service of your people.
Prepare a noble death song for the day
When you go over the great divide.
Sing your death song and die like a hero going home.

Always give a word or a sign of salute
When meeting or passing a friend,
Even a stranger, when in a lonely place.
Show respect to all people and grovel to none.
When you arise in the morning
Give thanks for the food and for the joy of living.
If you see no reason for giving thanks,
The fault lies only in yourself.
Sing your death song and die like a hero going home.

Abuse no one and no thing,
For abuse turns the wise ones to fools
And robs the spirit of its vision.
When it comes your time to die,
Be not like those whose hearts are filled
With the fear of death
So that when their time comes they weep
And pray for a little more time
To live their lives over again in a different way.
Sing your death song and die like a hero going home.
Yes Sing your death song
And die like a hero going home
Going home
Go on home!